

## Amoxicillin (Pre-Med)

### **Starting today, no exceptions:**

Morning and Night (2x/day):

1. Floss
  2. Use electrical toothbrush (brush for 4 minutes)
  3. WaterPik
  4. Rinse with Smart Mouthwash
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### **Preparing for Surgery**

1. DO NOT COME IN ON AN EMPTY STOMACH. Make sure to eat breakfast or lunch.
  2. Start Amoxicillin(Pre-med), the day of surgery. Take 4 tablets one hour before appointment.
  3. Start Ibuprofen 800mg after surgery. Take 1 tablet every 8 hours for at least 3 days.
  4. If pain is SEVERE, take Ibuprofen and Tylenol 500mg (over-the-counter).  
Take 2 tablets of Tylenol 500mg and 1 tablet of Ibuprofen 800mg every 8 hours, as needed.
  5. DO NOT take Tylenol, if pain is controlled with Ibuprofen.
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**Expect to be on a soft diet for at least 4-6 weeks.**

**No smoking for 1 week after surgery.**

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