

What to expect after LANAP?

- Some bleeding is expected for the next few weeks, sometimes it can last longer than 2 weeks.
- Sensitivity may occur when chewing or when eating hot and cold foods. It can take 6-9 months before sensitivity decreases.
- Once inflammation decreases, you can expect spacing or gaps in your teeth due to bone loss.
- Soft diet indicated for the first 2-4 weeks.
- Proper oral hygiene is required to see long term results such as flossing and brushing 2-3x a day.
- Bleeding, swelling, and pain are normal after surgery.



Laser surgery is an attempt to bring your periodontal disease (gum and bone disease) and or any lesion removal under control. There are no guarantees that they will not return. Additional treatment maybe necessary. Additional fees will apply.



What to expect during your 6 month follow-up?

At the 6 month follow up appointment, gums will be re-evaluate by measuring the pockets. Also, a teeth cleaning will be completed at this time.

As the gums heal, teeth may shift and the bite may need to be stabilized with night guard. Impressions will be taken during this appointment.

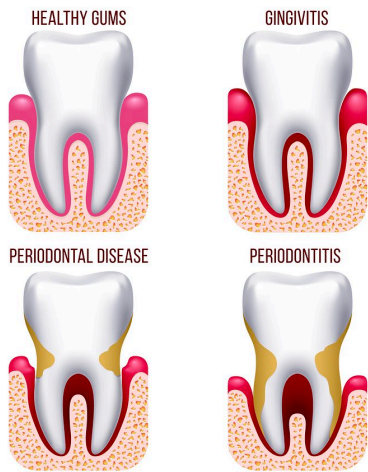
Expect to have your teeth professionally cleaned every three months for the first year, and then as recommended by your dentist.



LANAP
Certified Clinician

Laser Assisted New Attachment Protocol





What causes gum disease?

- hormonal changes
- illness
- medications
- smoking
- genetics
- poor oral hygiene

What happens if you ignore gum disease?

Untreated periodontitis can lead to tooth loss and even serious health conditions. As gum disease advances, bacteria can break off into the bloodstream and start affecting your organs. This can worsen conditions like kidney and heart disease.

What are the benefits of LANAP?

There are numerous benefits that LANAP has over traditional gum surgery. There's less bleeding because no scalpels or sutures are used. As a result, there's less pain and less sensitivity to your teeth. Plus, there's a lower risk of infection after the surgery. Swelling and gum loss are also minimal. With LANAP, you'll be able to return to your normal life much faster, and your gums will not only heal on their own, but you will also naturally regenerate the bone around your teeth that hold them in place.

If you wish to see an animated video of the procedure, please visit the following link.

<https://www.youtube.com/watch?v=JZnz6zcShMY>

Signs you may have gum disease:

- **Bad Breath:** the bacteria on the plaque and tartar produce foul-smelling odors.
- **Bad Taste:** the infection can produce unpleasant tastes in the patient's mouth.
- **Tender gums:** infection causes inflammation that irritates the gum tissue, leaving them sensitive.
- **Bleeding Gums:** plaque and tartar inflame and irritate the surrounding gums, brushing and flossing further irritates the sensitive issue causing bleeding.
- **Receding Gums:** As pockets form, gums pull away from the teeth.
- **Loose Teeth:** The more advanced the pockets are, the less tissue and bone surrounds the tooth, anchoring them in. This causes them to shift around and potentially fall out.

How to treat Gum Disease?

Early stages of gum disease involve the use of scaling and debridement. During this procedure, your healthcare professional will clean the tooth above and below the gum line, using an ultrasonic tool that breaks up the tartar.

However, if your gum disease has advanced to later stages, more invasive procedures are necessary to restore your gums to their natural, healthy condition.



How to prepare for LANAP?



The width of the surgical laser fiber tip is equivalent to the width of about three human hairs.